

Practice your Life Vision Step by Step

Writing your life statement is a good start. Next, you need to practice your life vision step by step. The most important thing is practice. Without practice, your life statement is just empty words. A journey of a thousand miles begins with a single step.

The key to growth and breakthrough lies in practice. Practicing your life vision is a process of continuous growth and breakthrough. How exciting!

Growth and breakthrough are God's work, 100% God's work, and 100% human effort! "For we are God's workmanship, created in Christ Jesus for good works, which God prepared in advance for us to do." (Ephesians 2:10). "Is" is in the present continuous tense, which means that God is still in the process of shaping our lives, and this shaping action is completely initiated by God. If we have any growth and breakthrough, it is entirely God's work. But the Bible also says, "Do not be conformed to this world, but be transformed by the renewing of your mind, so that you can prove what is God's will, what is good and acceptable and perfect." (Romans 12:2). We take the initiative, and it is our responsibility to "renew our minds and be transformed." We cannot just expect God to work in us without working hard to grow. Absolutely not! God's work cannot replace human efforts. On the road to growth and breakthrough, people must take the initiative to cooperate with God's work.

Growth and breakthrough means a series of changes. "Change" means stopping doing something you are used to and starting to do something you are not used to. Growth and breakthrough is a process of constantly breaking bad habits and establishing new habits.

To grow and breakthrough, you must have a plan. To do anything well, you must have a plan. A Western proverb says it well: "If you fail to plan, you plan to fail." No wonder so many people fail today!

Principles for setting a growth and breakthrough plan

1. The goal must match your life statement

The years of life are limited, but the boundaries of knowledge and the space for growth are unlimited. Aimless growth cannot lead you to complete your journey in this limited life and fulfill the calling you received from the Lord Jesus. The growth and breakthrough goals you set for yourself every year must match your life statement. You need to be able to explain how

the goal you set relates to your life statement. In this way, you can get closer to your vision year by year.

2. Calculate the cost

If you often fail to complete your goals, the feeling of failure will undermine your self-confidence, or even doubt whether you can really make changes. After deciding on a goal, make a list and write down all the pros and cons you think of after the change. Compare the two to see if the pros are enough to make you willing to pay the price to overcome the difficulties. If the "cons" are more than the "pros", you'd better not set this goal, because you have no motivation to change. The more motivated you are to change, the greater the chance of success.

3. Don't have more than three goals

Every breakthrough requires a lot of psychological energy at the beginning, and you can't handle so many changes in a year. The more you want to do, the less you can do. It is impossible to change yourself all at once. Growth is a process.

4. The goal should be specific and clear

Goals must be measurable to be easy to achieve. You can use the following methods to quantify your goals.

- a. Goal: What do you want to grow and break through?
- b. Reason: Why do you want to make this breakthrough? What does this breakthrough mean to you?
- c. Method: How do you achieve your goal? The more specific you can be about how to achieve your goal, the more likely you are to achieve it.

5. Make your goal attainable

Don't set your goal too high, or you will end up failing. At the beginning, you might as well set your goal lower and exceed it. Successful experiences and encouragement will keep you moving forward, challenging yourself, and then gradually raising your goal.

6. Two-pronged approach

It is more difficult to break a bad habit than to establish a new one, because bad habits are deeply rooted and it takes a lot of determination to break them. Doing both at the same time

is an effective way to get rid of a bad habit. Replace the old habit with a new one, and it is best if the two habits are mutually exclusive.

7. Find someone to watch over you

It is very difficult to get rid of bad habits by yourself in secret. Quit smoking. Make your growth goals public to people you trust, especially your intercessors or mentor, and ask them to pray for you and watch over you.

8. Persevere to the end

Every day is a new beginning. If you fail, you can try again tomorrow, not until next year. There is always hope in God. God will never give up on you, as long as you don't give up on yourself.